



**GINDELE FAMILY CHIROPRACTIC**

7950 Dani Dr. Ste. 310

Fort Myers, FL 33966

239.936.5545

**CHILD 6-12 YO HISTORY FORM**

Please complete this detailed history form and return it to the receptionist. Should you require any assistance, please let us know as we will be happy to assist.

Date : \_\_\_\_\_ Child's Name: \_\_\_\_\_ ( ) M ( ) F DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Mother: \_\_\_\_\_ Father: \_\_\_\_\_ Legal Guardian: \_\_\_\_\_

Best Phone: \_\_\_\_\_ ( ) cell ( ) Home **SS NO.:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_@\_\_\_\_\_.com  
Please supply a 4 digit code, you'll easily remember for computer log-in: \_\_\_\_\_

Who can we thank for referring you? \_\_\_\_\_

Pediatrician Name: \_\_\_\_\_ Last Appt Date: \_\_\_\_\_

Siblings? Names/ages: \_\_\_\_\_

**What is your main reason for today's visit?** ( ) Wellness Check - FYI: INSURANCE MAY DENY if no musculoskeletal issues ( ) Other: \_\_\_\_\_

List any other care your child has undergone with regard to this complaint including medications:  
\_\_\_\_\_  
\_\_\_\_\_

Date of onset (mm/yyyy): \_\_\_\_\_ Onset was: ( ) Sudden ( ) Gradual ( ) Associated with an event

Duration of problem/episode: (Check one) Pattern of Problem: (Check one)  
\_\_\_\_ ( ) Minutes ( ) Hours ( ) Days ( ) Months ( ) Years ( ) Constant ( ) Intermittent ( ) Occasional ( ) Cyclical

Initiating Factors: \_\_\_\_\_

Aggravating Factors: \_\_\_\_\_

Relieving Factors: \_\_\_\_\_

How does the problem affect your child Body function and daily abilities \_\_\_\_\_  
\_\_\_\_\_

Prior occurrence or episodes? \_\_\_\_\_

Other health concerns? \_\_\_\_\_

Any known allergies? \_\_\_\_\_

**HISTORY OF BIRTH**

( ) Hospital ( ) Birthing Center ( ) Home ( ) MD/DO ( ) Midwife

**Duration of Pregnancy:** \_\_\_ Weeks **Birth Weight** \_\_\_\_ **Birth Length** \_\_\_\_ **Hours in labor:** \_\_\_\_\_

Was the birth assisted? ( ) Yes ( ) No If yes, how? ( ) Forceps ( ) Vacuum extraction ( ) C-Section ( ) Induced Labor

Were medications given to the mother at birth? ( ) Yes ( ) No If yes, what? \_\_\_\_\_

Was the delivery 'normal'? ( ) yes ( ) no If no, what were the complication \_\_\_\_\_

**Birth Position:** ( ) Head first ( ) Breech ( )Other: \_\_\_\_\_

APGAR at Birth \_\_\_/10 & after 5 minutes \_\_\_/10 ( ) **UNKNOWN**

**GROWTH AND DEVELOPMENT**

Was the infant alert & responsive within 12 hours of delivery? ( ) Yes ( ) No If no, explain \_\_\_\_\_

Are there any apparent delays? \_\_\_\_\_

Are there any suspected delays? \_\_\_\_\_

Sleeps on his/her-choose all that apply: ( ) Back ( ) Stomach ( ) Right side ( ) Left Side ( ) Both sides

( ) Incline ( )Unknown

Describe any health problems that exist on the mother &/or fathers side of the family? (i.e. cancer, diabetes etc.) \_\_\_\_\_

Do the child's siblings have any health problems? ( ) Yes ( ) No If yes, describe: \_\_\_\_\_

***The following information is very important because many of the problems that chiropractors work with are caused by stressors.***

**CHEMICAL STRESSORS**

During pregnancy, did the mother: 1. Smoke ( ) Yes ( ) No 2. Drink alcohol? ( ) Yes ( ) No

3. Drink caffeine? ( ) Yes ( ) No 4. Take Rx/supplements? ( ) Yes ( ) No If yes, what? \_\_\_\_\_

5. Become ill? If so, how? \_\_\_\_\_ 6. Receive ultrasounds? ( ) Yes ( ) No If yes, how many? \_\_\_\_

7. Receive invasive procedures (i.e. amniocentesis, CVS)? ( ) Yes ( ) No 8. Did Mother exercise during pregnancy? ( )No ( ) Yes 9. Was/IS your child breastfed? ( ) No ( ) Yes, for how long? \_\_\_\_\_

At what age was: Formula introduced? \_\_\_\_\_ Brand? \_\_\_\_\_

Cows milk? \_\_\_yrs/mos Solid foods? \_\_\_ yrs/mos

Did your child receive vaccinations? ( ) Yes ( ) No if yes, which ones? \_\_\_\_\_

Did your child react to them? ( ) Yes ( ) No

Has your child had antibiotics? ( ) Yes ( ) No If yes, how many & why? \_\_\_\_\_

Any pets at home? ( ) Yes ( ) No Any smokers at home? ( ) Yes ( ) No Childhood illnesses? ( ) Yes ( ) No

**PSYCHOLOGICAL STRESSORS**

Any difficulties with lactation? ( ) Yes ( ) No Any problems bonding? ( ) Yes ( ) No

Avg # hours of TV/electronics per week \_\_\_\_hrs

Any behavioral concerns? ( ) Yes ( ) No if yes, explain \_\_\_\_\_

Does your child have difficulties sleeping ( ) Yes ( ) No If yes, explain: \_\_\_\_\_

**TRAUMATIC STRESSORS**

Any evidence of trauma during birth? ( ) Bruises ( ) Odd shaped head ( ) Stuck in birth canal ( ) Fast & or excessively long birth ( ) respiratory depression ( ) cord around neck ( ) other \_\_\_\_\_

Any falls/accidents during pregnancy? ( ) Yes ( ) No Has the child had any major falls since birth ( ) Yes

( ) No If yes, did the child need stitches or obtain a fracture? Describe: \_\_\_\_\_

Any hospitalization's? ( ) Yes ( ) No Please explain: \_\_\_\_\_

Is your child involved in any activities (Yoga; Tumbling, etc)? \_\_\_\_\_ # Hrs/week? \_\_\_\_\_

Age child began \_\_\_\_\_

**Signature of Parent or guardian:** \_\_\_\_\_

## Informed Consent for Chiropractic Care

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working for the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment. You have the right, as a patient, to be informed about the condition of your health and the recommended care and treatment to be provided so that you may make the decision whether or not to undergo chiropractic care after being advised of the known benefits, risks and alternatives.

Chiropractic is a science and art which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as that relationship may effect the restoration and preservation of health. Health is a state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

One disturbance to the nervous system is called a vertebral subluxation. This occurs when one or more of the 24 vertebrae in the spinal column become misaligned and/or do not move properly. This causes alteration of nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Subluxations are corrected and/or reduced by an adjustment. An adjustment is the specific application of forces to correct and/or reduce vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine. Adjustments are usually done by hand but may be performed by handheld instruments. In addition, ancillary procedures such as physiotherapy and/or rehabilitative procedures may be included.

If during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider.

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Print Name

Signature

Date

### **Consent to evaluate and adjust a minor child:**

I, \_\_\_\_\_ being the parent or legal guardian of \_\_\_\_\_  
have read and fully understand the above Informed Consent and hereby grant permission for my child to receive chiropractic care.

Dr. Signature \_\_\_\_\_

# PATIENT CONSENT FORM

The Department of Health and Human Services has established a "Privacy Rule" to help insure that personal health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain their patients' consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate and necessary, we provide the minimum necessary information to only those we feel are in need of your health care information and information about treatment, payment or health care operations, in order to provide health care that is in your best interest.

We also want you to know that we support your full access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with physicians and not patients), and may have to disclose personal health information for purposes of treatment, payment, or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of your personal health information, but this must be in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information (PHI). If you choose to give consent in this document, at some future time you may request to refuse all or part of your PHI. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

If you have any objections to this form, please ask to speak with our HIPAA Compliance Officer. You have the right to review our privacy notice, to request restrictions and revoke consent in writing after you have reviewed our privacy notice.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## COMPLIANCE ASSURANCE NOTIFICATION FOR OUR PATIENTS

To Our Valued Patient:

The misuse of Personal Health Information (PHI) has been identified as a national problem causing patients inconvenience, aggravation, and money. We want you to know that all of our employees, managers and doctors continually undergo training so that they may understand and comply with government rules and regulations regarding the Health Insurance Portability and Accountability Act (HIPAA) with particular emphasis on the "Privacy Rule." We strive to achieve the very highest standards of ethics and integrity in performing services for our patients.

It is our policy to properly determine a appropriate use of PHI in accordance with the governmental rules, laws and regulations. We want to ensure that our practice never contributes in any way to the growing problem of improper disclosure of PHI. As part of this plan, we have implemented a Compliance Program that we believe will help us prevent any inappropriate use of PHI.

We also know that we are not perfect! Because of this fact, our policy is to listen to our employees and our patients without any thought of penalization if they feel that an event in any way compromises our policy of integrity. More so, we welcome your input regarding any service problem so that we may remedy the situation promptly.

Thank you for being one of our highly valued patients.



**Patient Authorization for Open Adjusting  
Environmental and contact regarding  
Chiropractic care, Related Health Services  
and/or Health Products**

It is our desire for our staff to use your name, address, email, and/or telephone number for the purpose of contacting you to advise you about health related meetings, workshops, and products. In addition this information may be used to remind you about scheduled appointments, re-evaluation or other appointment related issues.

The use of this information is intended to make your experience with our office more efficient, productive and to further enhance you access to quality health care.

This office utilizes an “open-adjusting” environment for ongoing patient care. “Open-adjusting” involves several patients being seen in the same adjusting area. Patients are within sight of one another and some ongoing routine details of care are discussed within earshot of other patients and staff. This environment is used for ongoing care and this is NOT the environment used for taking patient histories, or providing examinations. These procedures are completed in a private, confidential setting. The use of this format is intended to make your experience with our office more efficient and productive as well as to enhance your access to quality health care and health information. If you have private issues to discuss we have several individual services available, see the front to schedule.

Your signature on the lines provided below indicates your authorization for open adjusting only.

\_\_\_\_\_  
Patient Name (please print)

\_\_\_\_\_  
Patient Signature or Authorized representative

\_\_\_\_\_  
Date

# Electronic Health Records Intake Form

*In compliance with requirements for the government EHR incentive program*

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Email address:** \_\_\_\_\_ @ \_\_\_\_\_

Preferred method of communication for patient reminders (circle one): Email / Phone / Mail

**DOB:** \_\_\_/\_\_\_/\_\_\_ **Gender (circle one):** Male / Female **Preferred Language:** \_\_\_\_\_

**Smoking Status (circle one):** Everyday Smoker / Occasional Smoker / Former Smoker / Never Smoked

*CMS requires providers to report both race and ethnicity*

**Race (circle one):** American Indian or Alaska Native / Asian / Black or African American  
White (Caucasian) / Native Hawaiian or Pacific Islander / Other / I decline to answer

**Ethnicity (circle one):** Hispanic or Latino / Not Hispanic or Latino / I decline to answer

Are you currently taking any medications? (please include regularly used over the counter medications)

Medication Name	Dosage and Frequency (ie: 5mg once a day)

Do you have any medication allergies ?

Medication Name	Reaction	Onset Date	Additional Comments

I choose to decline receipt of my clinical summary after every visit. *(These summaries are often blank as a result of the nature and frequency of chiropractic care.)*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**FOR OFFICE USE ONLY**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_

Temp: \_\_\_\_\_ Pulse: \_\_\_\_\_



# Developmental Milestones

Date: \_\_\_\_\_ PID: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ M/F

## GROSS MOTOR SKILLS

- 4 wks Able to hold head up from the table momentarily
- 3 mths Head and shoulder can be supported by forearms
- 4 mths Infant can be pulled up into sit position by the hands
- 6 mths Sits unsupported in the upright position
- 6 mths Head and shoulders can be supported by the arms
- 6 mths Rolls from a face down to a face up position
- 9 mths Crawls
- 9 mths Stands holding onto furniture
- 11 mths Walks with someone holding onto one hand
- 12 mths Walks unassisted
- 2 years Runs
- 2 years Negotiates stairs placing 2 feet on each step
- 3 years Climbs stairs using one foot on each step
- 4 years Walks downstairs with one foot on each step
- 4 years Hops on one foot

## FINE MOTOR SKILLS

- At birth Primitive grasp reflex present
- 4 mths Holds & shakes a rattle placed in hand
- 5 mths Grasps objects independently
- 6 mths Moves an object from 1 hand to other
- 6 mths Self-feeding, can hold & eat a cookie
- 6 mths Checks objects by placing them in Mouth
- 12 mths Picks up object w/ thumb & index Finger
- 15 mths Turns 2-3 pages of a book at a time
- 18 mths Turns pages of a book 1 at a time
- 24 mths Builds a tower containing at least 5 blocks
- 4 years Builds a tower containing at least 10 blocks

## SOCIAL SKILLS

- 2 mths Smiles
- 3 mths Reaches for familiar objects
- 4 mths Plays with hands
- 6 mths Plays with feet
- 9 mths Clearly shows joy and pleasure
- 12 mths Feeds self with fingers
- 15 mths Plays peek-a-boo
- 18 mths Understands yes and no

## COMMUNICATION SKILLS

- 7 wks Makes cooing sounds
- 3 mths Laughs
- 5 mths Uses one syllable words
- 8 mths Uses 2 syllable words
- 12 mths Uses 2 - 3 word vocabulary
- 24 mths Uses 2 - 3 word phrases

## ADAPTIVE SKILLS

- 10 mnths feeds from a cup unassisted
- 12 mnths holds own bottle
- 30 mths feeds self with utensils
- 30 mths able to identify and match colors
- 36 mths Copies a circle
- 42 mths Copies a cross

PARENT SIGNATURE:

\_\_\_\_\_



## **Manual Therapy Policy & Procedures:**

We want everyone to get the most out of their massages. Please arrive for your scheduled time 5-10 minutes early in order to get properly signed in. Please note that each therapy time allows for approximately 5 minutes before hand to discuss your treatment with the therapist and undressing and approximately 5 minutes after for dressing. Total hands-on time is therefore approximately 50 minutes for an “hour”, approximately 20 minutes for a half hour. etc.

We understand that circumstances come about where appointments will need to be rescheduled or cancelled. Please be courteous and provide at least 24 hours’ notice. **We retain the right to charge 50% fee for any appointments cancelled less than 24 hours and the full fee for a “no show/no call” scenario.**

As this is a clinical environment, tipping is neither expected nor necessary however are accepted by the therapists.

Lastly, please remember that this is a professional establishment; we do not tolerate any inappropriate comments or behavior toward our licensed massage therapist(s) or staff.

I acknowledge that I’ve read and agree to the terms of this establishment.

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Signature

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Date



Gindele Family Chiropractic - Prenatal and Pediatrics

Date: \_\_\_\_\_

Patient \_\_\_\_\_

ID#: \_\_\_\_\_

Acct #: \_\_\_\_\_

I, \_\_\_\_\_, understand that services rendered to me by

Gindele Family Chiropractic is my financial responsibility and that the provider will bill my insurance company, \_\_\_\_\_ as a courtesy. I authorize my insurance company to pay my benefits directly to Dr. Gindele and I understand that I will be full responsible for any outstanding balance on my account.

I have been given the opportunity to pay my estimated deductible and co-insurance at the time of service. I have chosen to assign the benefits, knowing that the claim must be paid within all state or federal prompt payment guidelines. I will provide all relevant and accurate information to facilitate the proper payment of the claim by \_\_\_\_\_.

I authorize the provider to release any information necessary to adjudicate the claim and understand that there may be associated costs for providing information above and beyond what is necessary for the adjudication of a clean claim.

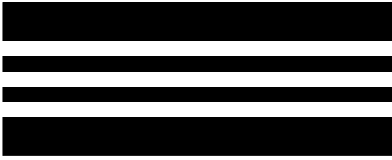
I also understand that should my insurance company send payment to me, I will forward the payment to Dr. Gindele. Within 48 hours. I agree that if I fail to send payment to the Provider and they are forced to proceed with the collection process; I will be responsible for any cost incurred by the office to retrieve the monies.

I authorize the provider to initiate a complaint to the insurance commissioner for any reason on my behalf and I personally will be active in the resolution of claims delay or unjustified reductions or denials. I also acknowledge if the insurance does not cover the visit I am ultimately responsible.

\_\_\_\_\_  
Signature of Policyholder

\_\_\_\_\_  
Patient/Guardian Printed Name

PLEASE DO NOT STAPLE IN THIS AREA



SIGN & DATE ONLY

CARRIER

PATIENT AND INSURED INFORMATION

PHYSICIAN OR SUPPLIER INFORMATION

**HEALTH INSURANCE CLAIM FORM**

PICA PICA

1. MEDICARE <input type="checkbox"/> MEDICAID <input type="checkbox"/> CHAMPUS <input type="checkbox"/> CHAMPVA <input type="checkbox"/> GROUP HEALTH PLAN (SSN or ID) <input type="checkbox"/> FECA BLK LUNG (SSN) <input type="checkbox"/> OTHER <input type="checkbox"/>	1a. INSURED'S I.D. NUMBER (FOR PROGRAM IN ITEM 1)
2. PATIENT'S NAME (Last Name, First Name, Middle Initial)	3. PATIENT'S BIRTH DATE MM DD YY SEX M <input type="checkbox"/> F <input type="checkbox"/>
4. INSURED'S NAME (Last Name, First Name, Middle Initial)	5. PATIENT'S ADDRESS (No., Street)
6. PATIENT RELATIONSHIP TO INSURED Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other <input type="checkbox"/>	7. INSURED'S ADDRESS (No., Street)
8. PATIENT STATUS Single <input type="checkbox"/> Married <input type="checkbox"/> Other <input type="checkbox"/>	8. PATIENT STATUS
9. OTHER INSURED'S NAME (Last Name, First Name, Middle Initial)	10. IS PATIENT'S CONDITION RELATED TO: a. EMPLOYMENT? (CURRENT OR PREVIOUS) <input type="checkbox"/> YES <input type="checkbox"/> NO b. AUTO ACCIDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO c. OTHER ACCIDENT? <input type="checkbox"/> YES <input type="checkbox"/> NO
11. INSURED'S POLICY GROUP OR FECA NUMBER	11. INSURED'S POLICY GROUP OR FECA NUMBER
12. PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE I authorize the release of any medical or other information necessary to process this claim. I also request payment of government benefits either to myself or to the party who accepts assignment below.  SIGNED _____ DATE _____	13. INSURED'S OR AUTHORIZED PERSON'S SIGNATURE I authorize payment of medical benefits to the undersigned physician or supplier for services described below.  SIGNED _____ DATE _____
14. DATE OF CURRENT: ILLNESS (First symptom) OR INJURY (Accident) OR PREGNANCY(LMP) MM DD YY	15. IF PATIENT HAS HAD SAME OR SIMILAR ILLNESS. GIVE FIRST DATE MM DD YY
16. DATES PATIENT UNABLE TO WORK IN CURRENT OCCUPATION FROM MM DD YY TO MM DD YY	17. NAME OF REFERRING PHYSICIAN OR OTHER SOURCE
17a. I.D. NUMBER OF REFERRING PHYSICIAN	18. HOSPITALIZATION DATES RELATED TO CURRENT SERVICES FROM MM DD YY TO MM DD YY
19. RESERVED FOR LOCAL USE	20. OUTSIDE LAB? \$ CHARGES <input type="checkbox"/> YES <input type="checkbox"/> NO
21. DIAGNOSIS OR NATURE OF ILLNESS OR INJURY. (RELATE ITEMS 1,2,3 OR 4 TO ITEM 24E BY LINE)	22. MEDICAID RESUBMISSION CODE ORIGINAL REF. NO.
23. PRIOR AUTHORIZATION NUMBER	23. PRIOR AUTHORIZATION NUMBER
24. TABLE	24. TABLE
25. FEDERAL TAX I.D. NUMBER	26. PATIENT'S ACCOUNT NO.
27. ACCEPT ASSIGNMENT? (For govt. claims, see back) <input type="checkbox"/> YES <input type="checkbox"/> NO	28. TOTAL CHARGE \$
29. AMOUNT PAID \$	30. BALANCE DUE \$
31. SIGNATURE OF PHYSICIAN OR SUPPLIER INCLUDING DEGREE OR CREDENTIALS (I certify that the statements on the reverse apply to this bill and are made a part thereof.)  SIGNED _____ DATE _____	32. NAME AND ADDRESS OF FACILITY WHERE SERVICES WERE RENDERED (If other than home or office)
33. PHYSICIAN'S, SUPPLIER'S BILLING NAME, ADDRESS, ZIP CODE & PHONE #	33. PHYSICIAN'S, SUPPLIER'S BILLING NAME, ADDRESS, ZIP CODE & PHONE #